# GOVERNMENT OF INDIA
# HEALTH AND FAMILY WELFARE
# LOK SABHA

UNSTARRED QUESTION NO:1027
ANSWERED ON:05.03.2008
PER CAPITA CALORIE INTAKE
Mondal Shri Abu Ayes

**Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:**

(a) whether any survey has been conducted regarding per capita intake of protein and energy in urban and rural areas in the country;

(b) if so, the detail of calorie-intake of adults vis-Ã -vis pre-school children; and

(c) efforts made or being made by the Government to create awareness amongst people in this regard?

## Answer

THE MINISTER OF STATE FOR HEALTH & FAMILY WELFARE(SMT. PANABAKA LAKSHMI)

(a) & (b) The National Nutrition Monitoring Bureau (NNMB) of ICMR has been conducting Diet & Nutrition Surveys in 9 States namely Andhra Pradesh, Maharashtra, Madhya Pradesh, Gujarat, Kerala, Karnataka, Tamil Nadu, Orissa and West Bengal of the country. The survey conducted during the year 2004-2005 in rural areas indicate the median intake of Calories in preschool children and adults are as below;

(Energy in Calories)

| Age Group | Median intake | RDA |
|---|---|---|
| 1-3 years children | 687 | 1240 |
| 4-6 years children | 978 | 1690 |
| Adult Men (sedentary worker ) | 1964 | 2425 |
| Adult Women (sedentary worker) | | |

(c) The Government in imparting Information, Education & Communication activities through various health & nutrition programmes by associating different media to bring about desired changes in dietary practices to improve the nutritional status of the people.